



★★★★★ (12)

Tauern Loop Tour

NATURALLY BEAUTIFUL AND EXCITING.

This bike tour begins in Salzburg cycling along the river Salzach.

In Hallein you can follow the traces of the "White Gold" to the salt mine in Bad Dürnberg. Climb down into the world's oldest exhibition mine and gain an insight into the tiring underground life.

In Golling you should visit the impressive waterfall, which is situated close to St. Nikolaus' pilgrimage church that is built in late gothic style. We also recommend a detour into the romantic Bluntau valley.

This cycle tour also has a lot of cultural attractions on offer. Visit the over 900-year-old Hohenwerden castle, which sits enthroned on a steep rock above the Salzach valley.

Those who like the cold should make sure to visit the "Eisriesenwelt", the world's largest ice caves.

Impressive waterfalls and mystical castles

The tour continues by bike via Bischofshofen where there is a famous ski jump.

The next stage takes you to Kaprun and from there you will find good bus connections to the high-mountain reservoirs. Enjoy a tour of the impressive dam wall, the 'experience' exhibition where you can learn about the ice and the glaciers or simply the breathtaking scenery at an altitude of 2,000m above sea level. If that doesn't take your fancy, you could visit the Krimmler waterfalls - with a drop of 380m they are the 5th tallest waterfalls worldwide.

Your bike tour continues through the Hohe Tauern national park and the so-called Oberpinzgau region. Highlights along the way to Lofer are the Seisenbergklamm gorge and the Lamprechtshöhle caves near Weißbach.

The last stage on this tour leads you back to Salzburg. You get there by cycling through the tranquil Saalach valley. Once you arrive in Bad Reichenhall you haven't got much further to go until you arrive back in Salzburg, the City of Mozart.

- Get all information and many more tour tips for our cycle tours on the [Tauern cycle path](#).
- We also offer this cycle tour in the [charm version](#).

Medium



8 Days / 7 Nights



Self-guided Tour

To the online version



Itinerary

DAY
1

Arrival in Salzburg

Arrival in Salzburg, the city of Mozart that is rich in culture. Make sure to leave enough time for a stroll through the old part of the city and to visit Mozart's birthplace. Your rental bikes (if booked) can be found in your hotel.

DAY
2

Salzburg - Golling | approx. 35 km

You cycle along the river Salzach. Soon you reach Hallein where you can visit the salt mines, which have been disused since 1989. The romantic "Bluntatal" valley is worth a visit too. Golling is today's destination and you should allow plenty of time to visit its remarkable waterfall!

DAY
3

Golling - St. Johann im Pongau | approx. 35 km

The first destination for today is Werfen where you will see the castle "Hohenwerfen". The well-known ice caves are definitely worth a visit. In Bischofshofen you can admire the ski jump, where the final of the Four Hills Tournament is held every year. In St. Johann you will see the well-known "Lichtensteinklamm", a huge spectacle with a 50m high waterfall at the end of the gorge.

DAY
4

St. Johann im Pongau - Kaprun | approx. 55 km

You will soon reach Bruck and the point where the "Großglocknerstraße" (High Alpine Road) begins. In July buses start running up Austria's highest mountain, the 3,797m high Großglockner. The buses stop at "Franz-Josephs-Höhe". Sporty cyclists have the opportunity to cycle around Lake Zell (Zeller See) and the leisurely cyclists can go for a refreshing swim. You just have a short cycle before arriving in Kaprun, today's destination. From there you have excellent bus connections to the high mountain reservoirs.

DAY
5*Kaprun - Krimml - Kaprun*

| approx. 60 km + Train Ride

After breakfast you take the "Pinzgaubahn" to Krimml where you can visit the largest waterfalls in Europe. On a well-designed trail you can admire this natural spectacle. Whilst cycling back through the "Nationalpark Hohe Tauern" and the so-called "Oberpinzgau". You will see the snow-capped 3,000 m high mountains the whole way.

DAY
6*Kaprun - Lofer*

| approx. 55 km

You will be back at Lake Zell very quickly where you go for another relaxing swim. After cycling through "Maria Alm" with its famous pilgrimage church you will reach Saalfelden where you can enjoy your lunch break. Other highlights on your way to Lofer are the Seisenbergklamm gorge and the Lamprechtshöhle caves near Weißbach.

DAY
7*Lofer - Salzburg*

| approx. 50 km

Today is the last day of your bike tour and you will cycle through the quiet Saalachtal valley to get back to Salzburg. Bad Reichenhall located in the small German corner will enchant you with its Bavarian flair. After a short cycle, you will be back in Salzburg again - where your cycle tour first started. In the evening you can enjoy a culinary dinner and review the impressions and experiences that you have got from your bike trip.

DAY
8*Departure or extension*

In Salzburg there's a lot to see and do.

Tour character

The Tauern bike path runs from start to finish with no breaks in it. The route is also fully signposted. The route runs through quiet areas on paved paths and country roads. At times you will have to cycle along busier routes. There are a few short sections of the route where the cycling surface is bumpy. Overall the quality of the cycle route can be described as very good. There are some hills in this variant and therefore you need to be in good shape.

Prices and events

Place of arrival: Salzburg

	Season 1 29.04.2023 - 04.05.2023 01.10.2023 - 07.10.2023 Arrival daily	Season 2 05.05.2023 - 31.05.2023 11.09.2023 - 30.09.2023 Arrival daily	Season 3 01.06.2023 - 10.09.2023 Arrival daily
Tauern Loop Tour, 8 days, Cat. A, AT-TARTR-08A			
Base price	84900	97900	1,02900
Surcharge half board 7x (evening meal: mostly multi-course, sometimes outside the property, payable with voucher)	23900	23900	23900
Surcharge single room	28900	28900	28900
Tauern Loop Tour, 8 days, Cat. B, AT-TARTR-08B			
Base price	74900	88900	94900
Surcharge half board 7x (evening meal: mostly multi-course, sometimes outside the property, payable with voucher)	21500	21500	21500
Surcharge single room	21900	21900	21900

Category A: 3***- and 4****-hotel, guest houses

Category B: 3***-hotels, guest houses, inns

Additional nights

Place of arrival: Salzburg

	Season 1 Apr 29, 2023 - May 4, 2023 Oct 1, 2023 - Oct 7, 2023 Arrival daily	Season 2 May 5, 2023 - May 31, 2023 Sep 11, 2023 - Sep 30, 2023 Arrival daily	Season 3 Jun 1, 2023 - Sep 10, 2023 Arrival daily
Salzburg			
Double room p. P. cat. A	99.00	99.00	99.00
Surcharge single room	56.00	56.00	56.00
Salzburg			
Double room p. P. cat. B	85.00	85.00	85.00
Surcharge single room	24.00	24.00	24.00

Our rental bikes

Filter

21-gear unisex	99.00
21-gear gents	99.00
7-gear unisex	99.00
Rental Bike PLUS	159.00
Electric bike	239.00

Prices per person in EUR

Services and infos

Services

Included:

- Accommodation as already mentioned
- Breakfast
- Luggage transfer
- Well developed route
- Detailed travel documents 1x per room (German, English)
- 1 train Journey Kaprun - Krimml incl. your bike
- 1 Zell am See-Kaprun Summer Card with many discounts
- GPS-data is available
- Service hotline

Optinal extras:

- Half board evening meal (mostly multi-course, sometimes outside the property, payable with voucher)
- Bike rental, including rental bike insurance

Infos

Arrival / Parking / Departure:

- Salzburg central train station
- Salzburg airport
- Car park costs approx. EUR 8 - 14 per day, in cat.
A reservation necessary

Things to note:

- Tourist tax, if due, is not included in the price!
- Further important information according to the package travel law can be found [here!](#)

Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



Christine Pölzleitner, Travel specialist



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Book now

