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Lisbon – Sagres

ALONG THE ATLANTIC COAST TO THE ALGARVE

To all the sun worshippers, Portugal fans and summer lovers among our guests – we have good news for you! Because you have just found your dream holiday! Cycle from the pulsating metropolis of Lisbon along the Atlantic coast, past breathtaking beaches and dreamy fishing villages – with your gaze always directed towards the magnificent sea. Of course, the necessary portion of sun should not be missing on a dream cycle tour in southern Portugal. It isn't either – Portugal is one of the sunniest parts of Europe! Get on your bike and head south!

Details about cycling holidays from Lisbon to Sagres

Costa da Caparica, Setúbal, Vila Nova de Mil Fontes...no this is not a Portuguese poem, it's your stage locations. During this eight-day cycle tour to the Algarve, the prettiest villages, secluded bays and countless delicacies will cross your path. We also promise you unique views of the vast ocean.

Highlights of the cycle tour from Lisbon to Sagres at a glance:

- Sunshine all year round: Portugal, and especially the Algarve, are among the sunniest areas in Europe. The light breeze, which can be felt almost permanently, always keeps the temperatures within a normal range! Wonderful cycling weather!
- Pastéis de Belem: Addictive sweets! Anyone who has ever tried the puff pastry tart with custard filling will certainly not leave with having had just one! Don't have a guilty conscience! Tomorrow you'll hope back on your bike and kick the calories down again.
- Mercado Do Livramente: One of the most famous fish markets in the world will amaze you. The market in Setúbal is really impressive – everything that lives in the ocean is on sale here! Do not miss it!
- Cape St. Vincent: Have you always wanted to say that you cycled to the most south-westerly point of Europe? We give you the opportunity to do so! The lighthouse is just spectacular!

Useful information about cycling holidays from Lisbon to Sagres

Your seven-day cycling adventure along Portugal's impressive Atlantic coast begins in the incredibly charming capital of Lisbon. From there you cycle about 300 kilometres south, with the destination 'Algarve' in mind. Flat stages between 40 and 70 km with a few climbs will not be a problem for the regular cyclists among you. Look forward to sunny days of cycling, a light sea breeze that tousles your hair and the most delicious fish dishes you have ever tried!



To the online version



DAY

1

Itinerary

Arrival in Lisbon

Explore the sights of the capital, stroll along the lively Tejo-shores and enjoy Portuguese hospitality.

Hotel (example): Olissippo Oriente

DAY 2

Lisbon – Setúbal approx. 65 km + boat ride

A beautiful cycle path takes you along the river Tejo all the way to the harbour. After a short ferry ride across the wide river you reach Seixal and start your cycle tour. You cross the peninsula southward and marvel at the Arrábida nature park with initial impressive rock formations. Breathtaking views over the coastline take turns nearly by the minute with beautiful bays for swimming and sunbathing. Today's Day Finish is Setúbal, where as early as the 16th century Lisbon aristocracy had palaces and country estates built there.

Hotel (example): Cristal

DAY

3

Setúbal – Sines

approx. 70 km + boat ride

In the morning you take the ferry through the nature reserve at the Sado estuary. With a bit of luck you might even spot some dolphins during the crossing. The stage starts on Troia-peninsula with its beautiful beaches and special sceneries. This is why you are probably puzzled by the rice fields, which you would not expect in this region definitely a special sight. You continue past the glorious sandy beaches featuring crystal-clear water, past flower fields and lush green wine growing areas. Characteristic and particularly charming are here also the villages with their whitewashed houses. In Sines you stroll along the promenade, visit the castle or enjoy the slow-paced ado in the town.

Hotel (example): Sinerama



Sines – Vila Nova de Milfontes

approx. 40 km

One of the most unspoilt coastal sections in Europe, the Costa Vicentina Nature Park, will enthrall you with a many impressions. Breathtaking views over the Atlantic ocean, fantastic beaches, little harbours and authentic fishing villages entice time and again for a little break. In the evening you enjoy the atmosphere of the coastal town Vila Nova de Mil Fontes. Here again a fantastic sandy beach is right at your feet.

Hotel (example): Milfontes Beach



Vila Nova de Milfontes – Aljezur

approx. 70 km

You continue your ride through the marvellous Costa Vicentina Nature Park with its diverse fauna and flora. Impressively high cliffs characterise today's cycle tour and you can feel the refreshing wind from the Atlantic on your face and all around you. You spend the night in the village Aljezur, situated a few kilometres from the coast and with this also discover the rural architecture of the villages typical for this region. Above the village towers the historic little castle offering a beautiful view over the fertile land.

Hotel (example): Vicentina

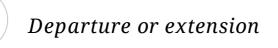
$$\binom{\text{DAY}}{6}$$
 $Aljezur - Sagres$ approx. 60 km

You experience a unique highlight still on the final stage. You cycle through the special coastal scenery to the cape St. Vincent, the most southwestern tip of Europe with its renowned lighthouse and the ,Final fried sausage before America' – it certainly is a special experience to pose here for a selfie with your bike. There are only a few kilometres left until you reach Sagres. Your final Day Finish with its ample cultural heritage is one of the most significant towns on the Algarve. Particularly spectacular here are the high-rising cliffs framing the idyllic sandy beaches.

Hotel (example): Memmo Baleeira

DAY

7



Tour character

An overall tour on gently hilly terrain with only a few steep ascents, however there are several ascents daily. Stunning routes on agricultural paths and side roads with very little traffic, short sections also on busy roads. On longer sections you also cycle on gravel paths.

Prices and events

Place of arrival: Lisbon

Lisbon – Sagres, 7 days, F	Season 1 19.03.2023 - 08.04.2023 05.11.2023 - 10.12.2023 Arrival sunday	Season 2 09.04.2023 - 13.05.2023 01.10.2023 - 04.11.2023 Arrival sunday	Season 3 14.05.2023 - 30.09.2023 Arrival sunday
Base price	799.00	889.00	999 <u>.</u> 00
Surcharge single room	389.00	389.00	389.00

Category: 3***- and 4****-hotels

Additional nights

Place of arrival: Lisbon

	Season 1 Mar 19, 2023 - Apr 8, 2023 Nov 5, 2023 - Dec 10, 2023 Arrival sunday	Season 2 Apr 9, 2023 - May 13, 2023 Oct 1, 2023 - Nov 4, 2023 Arrival sunday	Season 3 May 14, 2023 - Sep 30, 2023 Arrival sunday
Lisbon			
Double room p. P.	89.00	89.00	89.00
Surcharge single room	55.00	55.00	55.00
Sagres			
Double room p. P.	75.00	75.00	115.00
Surcharge single room	69.0 0	69.00	69.00

Our rental bikes

Filter

E-Bike incl. rental bike insurance	239.00
21-gear unisex incl. rental bike insurance	99.00
21-gear gents incl. rental bike insurance	99.00
rental bike PLUS incl. rental bike insurance	159.00

Prices per person in EUR

Services and infos

Services

Included:

- Accommodation as already mentioned
- Breakfast
- Luggage transfer
- Detailed travel documents 1x per room (German, English, Portuguese)
- Bike rental, including rental bike insurance
- GPS-data available
- Service hotline

Optional extras:

- Half-board evening meal (mostly multi-course, sometimes outside the property, payable with voucher)
- Bike rental, including rental bike insurance
- Transfer from airport Lisbon tot he hotel in Lisbon EUR 50 per transfer (1-4 persons) or EUR 80 per transfer (5-8 persons), reservation neccessary, to be paid in advance
- Transfer from hotel in Sagres to airport Faro EUR 100 per transfer (1-4 persons) or EUR 130 per transfer (5-8 person), reservation neccessary, to be paid in advance

Infos

Arrival / Parking / Departure:

• Lissabon and Faro airport

Things to note:

- Tourist tax, if due, is not included in the price!
- Further important information according to the package travel law can be found <u>here</u>!

Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



Antonia Kreiseder, Travel specialist

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