



★★★★★ (23)

Trieste - Pula

THE SUNNY PENINSULA IN THE MEDITERRANEAN SEA.

Start of this bicycle tour is Trieste, the former Habsburg seaport seated at the foothills of the karst. During the Roman Empire Trieste became a busy and rich port. After a few kilometres you leave Italy and cycle to Croatia and on to Istria. This sunny peninsula in the Mediterranean Sea is characterized by picturesque fisher villages, small towns on the karst hills, vineyards and valleys. Let yourself surprise you from the charms of a landscape rich in contrasts and the various colours of Istria.

Medium



8 Days / 7 Nights



Self-guided Tour

To the online version



Itinerary

DAY
1

Arrival in Trieste

Individual arrival at the first hotel in Trieste.

DAY
2

Trieste – Piran/Portorôz | approx. 35 / 65 km

After a few kilometres you say Good-bye to Italy. In Slovenia you cycle mostly on cycling paths through famous bathing resorts like Koper (Capodistria) and Izola (Isola d'Istria) to Piran (Pirano) or Portorož (Portorose), a spa town on the Slovenian Riviera.

For the shorter version you take the boat from Trieste to Muggia (ticket is not included) and cycle along the coast. The longer version leads you through "Val Rosandra" in the back country to Muggia and then along the coast to Piran/Portorôz

DAY
3

Piran/Portorôz – Umag/Novigrad | approx. 35-60 km

You pass the salt gardens of Sečovlje, where they produce sea salt on huge areas through natural evaporation, and you cycle over the border to Croatia. You cycle through the Croatian part of Istria, the biggest peninsula of the Adria, slightly hilly to Umag, which historic centre was built on the relics of a Roman colony. Enjoy a sightseeing tour in the evening through the medieval town with its narrow alleys and the beautiful city tower.

DAY
4

Umag/Novigrad – Porec | approx. 20 - 40 km

From Umag you cycle – slightly hilly – to Novigrad or Cittanova. This medieval town surrounded by a battlement wall is seated on the water mouth of Mirna. Then you cycle to Poreč, the most important coastal city on Istria's west coast. We suggest visiting the Euphrasian Basilica, which is on the UNESCO World Heritage list.

DAY
5*Porec*

| approx. 35 km or day off by the sea

You have the choice: either you visit by boat the Brijuni-islands or the Limski-channel, or you enjoy your day off by the sea or visit the country land of Porec.

The Brijuni-islands are twelve smaller and 2 bigger islands; the main island Veli Brijun was used by the Yugoslav statesman Tito as summer residence. Today the islands are National Park and only Veli Brijun can be visited by the public.

Going by boat to the fjord-alike Limski-channel you might be lucky and see some dolphins. The Limski-channel is National Park nature reserve and on the coast you find mussels and oyster farming.

DAY
6*Porec – Rovinj*

| approx. 55 km

Have a last view over the picturesque seaport on Istria's west coast before you leave to Rovinj. Rovinj is surrounded in the west and the south west by the Adriatic Sea. Afar the high bell tower of the Euphemia Church built on the highest spot of Rovinj, greets you. Go ahead, if you would like to cycle to Zlatnirt (also known as Golden Cape), a peninsu-la, where you find a park in a nature reserve.

DAY
7*Rovinj – Pula*

| approx. 45-55 km

The last day on your „expedition“ in Istria leads you to Pula on Istria's south west point. Pula is the oldest town of Istria and its commercial and cultural centre. Enjoy your last day of the tour amongst various ancient sights and the mighty Roman amphitheatre in the centre of Pula.

DAY
8*Departure or extension*

Tour character

The bicycle route through Istria runs slightly hilly. The tour can be combined quite well with the tours 'Dolomites – Triest' and 'Villach – Grado – Trieste'.

Prices and events

Place of arrival: Trieste

	Season 1 01.04.2023 04.11.2023 Wednesday & Saturday	Season 2 02.04.2023 - 16.06.2023 11.09.2023 - 03.11.2023 Wednesday & Saturday	Season 3 17.06.2023 - 28.07.2023 21.08.2023 - 10.09.2023 Wednesday & Saturday
Istria, 8 days, HR-IS RTP-08X			
Base price	619.00	779.00	898.00
Surcharge single room	209.00	209.00	209.00

Category: chosen 3*** hotels, partly 4**** hotels

Additional nights

Place of arrival: Trieste

	Season 1 Apr 1, 2023 Nov 4, 2023 Wednesday & Saturday	Season 2 Apr 2, 2023 - Jun 16, 2023 Sep 11, 2023 - Nov 3, 2023 Wednesday & Saturday	Season 3 Jun 17, 2023 - Jul 28, 2023 Aug 21, 2023 - Sep 10, 2023 Wednesday & Saturday
Trieste			
Double room p.P.	89.00	89.00	89.00
Surcharge single room	35.00	35.00	35.00
Pula			
Double room p.P.	85.00	85.00	85.00
Surcharge single room	35.00	35.00	35.00

Our rental bikes

Filter

21-gear unisex	99.00
21-gear gents	99.00
Rental Bike PLUS	159.00
Electric bike	229.00

Prices per person in EUR

Services and infos

Services

Included:

- Accommodation as already mentioned
- Breakfast
- Welcome briefing
- Luggage transfer
- Best developed route
- Detailed travel documents 1x per room (German, English, Italian)
- GPS data available
- Service hotline

Optional extras:

- Return transfer by minibus every Wednesday and Saturday, costs EUR 69 per person, for the own bike additional EUR 29, reservation is necessary, payable in advance.

Infos

Arrival / Parking / Departure:

- Trieste train station
- Trieste airport or Pula airport
- Public car park, nor reservation possible

Things to note:

- Tourist tax, if due, is not included in the price!
- Further important information according to the package travel law can be found [here!](#)

Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.



Sarah Salzlechner, Travel specialist



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Book now

